



United Way of West Alabama
Spring 2017

The Community Connection *for* Help

INFOLINE

2-1-1 in West Alabama is a service of United Way of West Alabama.
For assistance, dial 2-1-1 or 205.345.7775.

Upcoming Events

Free Income Tax Preparation
1-888-998-2925

***Hospice 5k Run /Walk**
Saturday, March 25th
Hospice of West Alabama

***Death By Chocolate**
Thursday, April 20th
Tuscaloosa River Market

Tuscaloosa Mayor's Cup
Saturday, April 29th
Government Plaza

***Mal Moore Golf Tournament**
Thursday, May 4th & 5th
Benefits Boys and Girls Club

***Celebrity Waiter**
Friday, May 5th
Tuscaloosa River Market

Senior Appreciation Day
Thursday, May 11th
Bryant Conference Center

United Way Day of Action
Friday, June 16th

United Way Campaign Kickoff
Tuesday, August 15th
Bryant Conference Center

***United Way or partner Agency**

ABILITY ALLIANCE OF WEST ALABAMA

205-333-2990

Ability Alliance provides case management and other services for people with cognitive and intellectual disabilities. For more information visit abilityalliance.info.

ADULT EDUCATION

205-391-2662

Free classes are held in Tuscaloosa, Eutaw, Livingston, Demopolis and other locations throughout West Alabama. The cost to take the GED test is \$120. Scholarships are available.

AIM PLUS MEDICAL SUPPLIES

1-866-919-1246

This company is based in Moundville and specializes in providing diabetic test strips and insulin pump supplies.

ALABAMA BLUES PROJECT

205-752-6263

Alabama Blues Weekend – July 7th – 8th

Visit alabamablues.org for more information.

ALABAMA HEAD INJURY FOUNDATION*

205-823-3818

March is Brain Injury Awareness Month. Visit ahif.org for a list of activities taking place across the state. Support group meetings are held each month. For more information contact 662-425-2804.

ALABAMA HOSPICE CARE OF TUSCALOOSA

205-633-3705

This agency provides care for patients and families that are dealing with terminal illness.

INFOLINE is provided by the Information & Referral Service of United Way of West Alabama. If you have information or news about your organization you would like in our next issue please send me an email at tamika@uwwa.org. If you would like to receive Infoline via email send your email address to tamika@uwwa.org



ALS ASSOCIATION 1-800-664-1242
West Alabama Support Group - Meetings are usually held the second Tuesday of every month from 6:00 to 7:30 p.m. The group meets at Hospice of West Alabama. For more information visit ALSAlabama.org.

AMERICAN RED CROSS* 205-758-3608
March is Red Cross Month.
Blood drives will be taking place around West Alabama during the month of March.
Red Cross Giving Day – April 26th
This day is set aside to raise awareness and funds from the general public.
Food and Wine Festival – April 27th. Call the number above for more details.

ARTS 'N AUTISM* 205-247-4990
High School and Young Adult Camp – May 30th through June 2nd and June 12th – 16th.
Splash Camp – June 5th – 9th
Pre K – 8th Grade Camp – June 19th -23rd and June 26th through June 30th. For more information visit artsnautism.org.

The Arc of TUSCALOOSA COUNTY* 205-556-4900
Pullin' for the Arc –April 1st
Teams will compete against each other to see who can pull a fire truck.
Boston Butt Sale - May 18th

AREA AGENCY on AGING 205-333-2990
Senior Appreciation Day – May 11th
For more information visit their new website westalabamaaging.org.

ARTS COUNCIL 205-758-5195
Madagascar Jr- March 17th and 18th
This play is presented by The ACT Theatre Camp and will take place at the Bama Theatre.
Guys and Dolls –March 24th and 25th
This play will be presented by Brookwood High school at the Bama Theatre.
Druid Art Awards – March 30th
This event will take place from 6-8 p.m. at the Bama Theatre.

BARNES BRANCH YMCA* 205-759-4284
This agency offers a Spring Break and Summer Camp. Contact the number above to make a donation.

BIG BROTHERS/ BIG SISTERS* 205-758-5734
This agency is looking for adults to mentor children in the program. A volunteer orientation will take place March 23rd at 11:30 a.m. at the BBBS office. For more information call the number above.

BOYS & GIRLS CLUB* 205-553-3879
Mal Moore Memorial Golf Tournament – May 4th and 5th. This agency also offers a spring break and summer camp.

BOY SCOUTS OF AMERICA* 205-554-1680
(Black Warrior Council)
Circle of Honor Luncheon – This event will take place Wednesday, April 19th at Embassy Suites. This year's honorees include: Eric Heslop, Dr. Robert Witt and Bobby Ingram.
Summer Camp – Registration currently underway visit bwc-bsa.org.

CATHOLIC SOCIAL SERVICES 205-759-1268

This agency offers assistance with food, rent, utilities and some medications. CSS is closed on Fridays.

C.A.P.S.* 205-758-1159

(Child Abuse Prevention Services)
April is Child Abuse Prevention Month. This agency offers parenting classes and cribs for children as part of their safe sleep education program. Prevention education is also offered in the Tuscaloosa city and county schools.

CARING DAYS ADULT DAY CARE* 205-752-6840

Day program for adults with Alzheimer’s, Parkinson’s and other forms of dementia. This agency also offers support groups and other programs for caregivers.
Teak Furniture Sale – This sale will take place in the spring. Visit caringdays.org for details.

CHILDREN’S HANDS ON MUSEUM 205-349-4235

Search for Shamrocks – March 17th
Events taking place throughout April for Easter.

CITY OF TUSCALOOSA 311

Mayor’s Cup – April 26th
For more information visit tuscaloosamayorscup.com. Visit tuscaloosaamphitheater.com for dates, times and ticket prices for concerts.

COMMUNITY FOUNDATION OF WEST ALABAMA

205-366-0698
The CFWA seeks to promote charitable giving among individual donors, corporations and agencies. Visit thecfwa.org for more information.

COMMUNITY SERVICE PROGRAMS 205-752-5429

This agency is currently accepting applications for Early Head Start/Head Start.

Financial Fitness Workshop - March 14th at Forest Lake United Methodist Church from 5:30 – 7:30 p.m.

Credit Building Is Asset Building – March 16th at the CSP administrative office from 5:30 – 7:30 p.m.

Homebuyers Education - March 18th at Pleasant Hill Baptist Church in Tuscaloosa from 8:30 a.m. until 2:30 p.m.

COMPASSION COALITION 205-553-7282

This agency coordinates the faith based communities in times of disaster. This agency needs building supplies. Volunteers and donations always welcome.

DENT TRANSITIONAL PROGRAM 205-246-5655

Homeless shelter for men ages 19-30.

DCH Diabetes Center 205-750-5260

This center serves as a resource facility for people with diabetes and their families. The center is located in the DCH Annex.

DCH FOUNDATION 205-759-7349

BBQ & Blue Jeans – May 20th from 6-10 p.m. at the Tuscaloosa Regional Airport.

Dirt Sweat and Gears Trail Duathlon – June 24th from 7:30 a.m. until noon at Lake Lurleen State Park. For more information visit thedchfoundation.org.

DCH HOME CARE AGENCY 205-759-7010

This agency provides many services including: skilled nursing care, physical therapy and nutritional services. The office is located at 1401 Greensboro Ave.

DCH Home Medical Equipment 205-330-3177

DCH Home Medical Equipment provides equipment and services to patients in need of equipment prescribed by their doctor. This agency is located in the Phelps Outpatient Center.

DHR 205-554-1100

Foster and Adoptive Parent Orientation will take place on April 20th at 6:00 p.m. For more information call 205-554-1186.

DME SERVICES 205-591-0817

DME Services specializes in custom/consumer power chairs and manual wheelchairs for pediatrics and adults. For wheelchair repairs call 205-591-4792.

EAST TUSCALOOSA SOUP BOWL 205-553-4588

Meals are served Wednesday and Friday from noon until 1:00 p.m. at Hargrove Methodist Church. On Sundays lunches are given at 2 p.m. at Alberta Baptist Church.

EASTER SEALS WEST ALABAMA* 205-759-1211

This agency has moved into their new building located at 1400 James I. Harrison Parkway East. This agency also offers transportation to work for those in need, speech therapy and programs for parents of young children.

EFFICIENT MEDICAL 1-877-781-3004

This business sells wheelchairs, walkers and cpap machines along with many other medical equipment and supplies. Repairs available for any make or model wheelchair or scooter. Repairs can be made on site.

FAMILY COUNSELING SERVICE* 205-752-2504

Death by Chocolate Tournament – Thursday, April 20th at the Tuscaloosa River Market at 5:30 p.m. Visit counselingservice.org for more details.

FAMILY ENDEAVORS 205-535-1010

Family Endeavors is a long-standing non-profit agency that provides programs and services in support of children, families, veterans and those struggling with disabilities.

FOCUS on SENIOR CITIZENS* 205-553-3133

Volksfest – April 22nd from noon until 5 p.m. at Government Plaza. This event celebrates German culture and features local brews, authentic German food and much more. Tax preparation for seniors will end in April.

GIRL SCOUTS* 205-980-4750

(North-Central Alabama)
Cookies have arrived in Tuscaloosa. Call 1-800-734-4541 or email cookies@girlscoutnca.org to be connected to a troop near you.

GOOD SAMARITAN CLINIC* 205-343-2212

The clinic offers medical care and basic dental care for patients with limited income. The clinic is open on Tuesdays and Thursdays by appointment only.

HABITAT FOR HUMANITY 205-349-4629

This organization builds affordable homes for families in need. Habitat also has a home repair program and a veteran program. Volunteers and donations are welcome!

HEART GALLERY 205-445-1293

This agency is dedicated to finding forever homes for children in Alabama’s foster care system. Visit HeartGalleryAlabama.com for more details.

HERO 334-624-0842

(Hale Empowerment & Revitalization Organization)

This agency is helping veterans with home repairs. Call Katie at the number above for details. HERO is located at 1120 Main Street in Greensboro.

HOSPICE OF WEST ALABAMA* 205-523-0101

5k Run/Walk – The race will be held Saturday, March 25th. Registration begins at 7 a.m. and the race begins at 8 a.m. The registration fee is \$20 and the first 150 registrants get a free t-shirt.

INDIAN RIVERS 205-391-3131

This agency provides treatment/support to children and adults with serious mental illness, substance abuse/dependence, or an intellectual disability.

INFORMATION & REFERRAL* 211

2-1-1 can refer callers to resources that provide assistance with the following: utility bills, food, clothing, rent, housing, transportation and jobs. For details dial 2-1-1!

KIDS AND KIN 205-535-0718

Kids and Kin is designed to meet the needs of relative child care providers and to raise their level of awareness about the importance of their roles. Tammy Ross is the new program director for Tuscaloosa, Bibb, Hale and Perry counties.

KING’S HOME 205-553-0045

This agency is selling Easter crosses and having a spring celebration on April 25th. Visit kingshome.com for more information.

LAMAR COUNTY HOME HEALTH 205-695-1143

This agency provides skilled home health services. Their office is located at 300 Springfield Rd, Vernon, Al 35592.

LEGAL SERVICES ALABAMA 1-866-456-4995

This agency offers legal information to low income residents.

OASIS PROGRAM 205-554-1300

This program assists adults 55 and older who have suffered vision loss.

PARA 205-562-3220

Summer Camp – Taking place in May

The pools open on May 27th. This agency offers fitness classes, a summer meal program, senior exercise classes, lifeguard training and athletics. For more information on events, activities and job opportunities visit tpara.org.

PAL (Parenting Assistance Line) 1-866-962-3030

PAL offers assistance and support to parents and caregivers of children birth to adolescence. Phone lines are open Monday through Friday. Services are available for Spanish speaking families.

PHOENIX HOUSE* 205-758-3867
This agency offers transitional housing for men and women with substance abuse disorders.

PSYCHOLOGY CLINIC, U of A 205-348-5000
Confidential and individualized services are provided for people of all ages. The clinic provides evaluations for Attention-Deficit, Learning Disorders, Disruptive Behavior, Depression, Anxiety and other educational and emotional needs. For more information visit psychologyclinic.ua.edu.

RESOURCES FOR INDEPENDENCE 205-562-2022
Residential and day programs offered for people with developmental disabilities. This agency is located at 3079 Palisades Court in Tuscaloosa.

SALVATION ARMY* 205-632-3691
This agency helps those in need with shelter, food and clothing.

SHELTON STATE 205-391-2211
Spring Graduation – May 4th
Company – March 31st – April 9th
Summer Theatre Camp – Registration underway
Paul and Susan Looney Legacy Gala – April 8th at 6:30 p.m. at the Cultural Arts Center.
Alabama Rain – May 3rd – 7th

SICKLE CELL ANEMIA FOUNDATION, INC.*
205-758-1761
This organization provides comprehensive services to individuals and families at risk for Sickle Cell Disease and its variants.

S.P.A.N. Program of Tuscaloosa County
205-554-0565
The Special Programming for Achievement Network helps youth who are in the justice system get a GED or a job.

STILLMAN COLLEGE 205-349-4240
Dr. Cynthia Warrick is currently serving as the interim president of the college. For more information on enrolling in classes or other activities taking place at the college visit stillman.edu.

SUCCESS BY 6* 205-345-6640
Jump Start – This summer program is currently accepting applications for children with little or no preschool experience that will be entering kindergarten in the fall.

TEMPORARY EMERGENCY SERVICES*
205-758-5535
Celebrity Waiter – May 5th at the Tuscaloosa River Market. This event features an elite group of community leaders serving as waiters and collecting tips.

TURNING POINT* 205-758-0808
Many events will take place around West Alabama in April for Sexual Assault Awareness Month. Visit turningpointservices.org for more details.

TUTOR DOCTOR 205-765-7675
Homework help and tutoring available in Tuscaloosa and surrounding counties. For details on summer tutoring options visit tuscaloosatoring.com.

TUSCALOOSA COUNTY HOME HEALTH

205-554-4520

This agency provides skilled home health services. The office is located at 2350 Hargrove Road in Tuscaloosa.

TUSCALOOSA'S ONE PLACE* 205-462-1000

Free Relationship Classes – TOPS is looking for couples to participate in a paid evaluation project. Meals and childcare provided. Classes begin April 11th.

Fathers in the Park – This event takes place in June at Annette Shelby Park.

\$30 in 30 Days- During the month of June donate \$30 and ask a friend to do the same.

TUSCALOOSA PUBLIC LIBRARY 205-345-5820

The TPL offers homework help and a summer reading program. Visit tuscaloosa-library.org for more information.

TUSCALOOSA SOUP BOWL 205-752-2421

Lunch is served from 11:00 a.m. until 12:50 p.m. seven days a week. The address is 1711 23rd Avenue in Tuscaloosa.

THE ALABAMA TOBACCO QUITLINE SERVICE

1-800-Quit-Now (1-800-784-8669)

Chat Line- Open daily, 7 a.m. until 1 a.m.

TUSCALOOSA TOURISM & SPORTS COMMISSION

205-391-9200

Farmer's Market – Going on now through August 12th at the Tuscaloosa River Market.

Bark in the Park – March 25th

Dragon Boat Races – April 1st

Druid City Arts Festival – April 8th

Kids Triathlon – May 20th

For a complete list of events and other information log onto visittuscaloosa.com.

UA SCHOOL OF LAW 205-348-4960

The law school clinics provide free legal assistance to individuals.

UNITED CEREBRAL PALSY* 205-345-3031

Casual Day is the biggest awareness event of the year for UCP. Individuals are encouraged to purchase a t-shirt and wear it on a designated day in April.

UNITED WAY OF WEST ALABAMA 205-345-6640

Bracketology- Begins in March

Lunch and Learn – April 20th

YLS Pie Eating –Taking place in May

Day of Action – June 16th

For details on events email julie@uwwa.org.

WEST ALABAMA OUTREACH

205-759-8470

Sunset Dinner – This event will take place on May 11th at the Tuscaloosa River Market. The guest speaker will be Tuscaloosa Mayor Walt Maddox.

WEST ALABAMA FOOD BANK

205-333-5353

The food bank is always accepting donations.
This agency is located at 3160 McFarland
Boulevard in Northport.

YMCA-Central*

205-345-9622

Rabbit Run and Bunny Hop Festival –April 15th
For more information visit ymcstuscaloosa.org.

WINGS OF GRACE

205-759-1039

This agency is open Thursday and Friday from
8:30 a.m. – 2:30 p.m. This agency helps those in
need with food, clothing and much more.



United Way of West Alabama
2720 6th Street
Tuscaloosa, AL 35401
205.345.6640
www.uwva.org



HOW DO YOU LIVE UNITED?