



United Way of West Alabama  
Spring 2018

The Community Connection *for* Help

# INFOLINE

2-1-1 in West Alabama is a service of United Way of West Alabama.  
For assistance, dial 2-1-1 or 205.345.7775.

## Upcoming Events

Free Income Tax Preparation  
1-888-998-2925

\*Girl Scout Cookie Sale  
Visit [girlscoutcookies.org](http://girlscoutcookies.org) &  
Enter your zip code

Tuscaloosa Mayor's Cup  
Saturday, March 24<sup>th</sup>  
Government Plaza

Blue Angels Airshow  
April 14<sup>th</sup> and 15<sup>th</sup>  
Tuscaloosa Regional Airport

\*Death By Chocolate  
Thursday, April 19<sup>th</sup>  
Tuscaloosa River Market

\*Mal Moore Golf Tournament  
Thursday, May 3<sup>rd</sup> & 4<sup>th</sup>  
Benefits Boys and Girls Club

\*Celebrity Waiter  
Friday, April 20<sup>th</sup>  
Tuscaloosa River Market

United Way Day of Action  
Friday, June 15<sup>th</sup>

United Way Campaign Kickoff  
Tuesday, August 14<sup>th</sup>  
Bryant Conference Center

\*United Way or partner agency

### ABILITY ALLIANCE OF WEST ALABAMA

205-333-2990

Ability Alliance provides case management and other services for people with cognitive and intellectual disabilities. This agency serves Tuscaloosa, Bibb and Pickens counties. For more information visit [abilityalliance.info](http://abilityalliance.info).

### ADULT EDUCATION

205-391-2662

Free classes are held in Tuscaloosa, Eutaw, Livingston, Demopolis and other locations throughout West Alabama. The adult education center also offers English as Second Language courses and literacy programs which teaches adults how to read.

### AIM PLUS MEDICAL SUPPLIES

1-866-919-1246

This company is based in Moundville and specializes in providing diabetic test strips and insulin pump supplies.

### ALABAMA BLUES PROJECT

205-752-6263

Alabama Blues Week- July 9<sup>th</sup> - 15<sup>th</sup>

Visit [alabamablues.org](http://alabamablues.org) for more information.

### ALABAMA HEAD INJURY FOUNDATION\*

205-823-3818

March is Brain Injury Awareness Month. Visit [ahif.org](http://ahif.org) for a list of activities taking place across the state. Support group meetings are held each month. For more information contact 662-425-2804.

INFOLINE is provided by the Information & Referral Service of United Way of West Alabama. If you have information or news about your organization you would like in our next issue please send me an email at [tamika@uwwa.org](mailto:tamika@uwwa.org). If you would like to receive Infoline via email send your email address to [tamika@uwwa.org](mailto:tamika@uwwa.org)

**ALABAMA HOSPICE CARE OF TUSCALOOSA**

205-633-3705

This agency provides care for patients and families that are dealing with terminal illness.

**ALS ASSOCIATION**

1-800-664-1242

**West Alabama Support Group** - Meetings are usually held the second Tuesday of every month from 11:30 a.m. until 1 p.m. at Regency Retirement Village. For more information visit ALSAlabama.org.

**AMERICAN RED CROSS\***

205-758-3608

This agency has moved to 2130 Paul W. Bryant Drive Suite B in Tuscaloosa. The interim director is Bibby Bailey.

**Food and Wine Festival** – April 12th. Call the number above for more details.

**ARTS 'N AUTISM\***

205-247-4990

**Tuscaloosa Half Marathon** – March 24<sup>th</sup> at the Tuscaloosa Amphitheater. The event starts at 7 a.m.

**Benefit Trail Ride** – May 5<sup>th</sup> at 10 a.m. at St. John Farm in Moundville. This agency provides services for children age 2 through young adult. For more information visit artsnautism.org.

**The Arc of TUSCALOOSA COUNTY\***

205-556-4900

**Pullin' for the Arc** –Saturday, March 24<sup>th</sup>  
Teams will compete against each other to see who can pull a fire truck.

**AREA AGENCY on AGING**

205-333-2990

**Senior Appreciation Day** – May 16th  
**Free Memory Screening** – March 20<sup>th</sup> from 9 until 11 a.m. This agency offers prescription assistance, caregiver assistance and Medicare assistance. For more information visit their new website westalabamaaging.org.

**ARTS COUNCIL**

205-758-5195

**First Friday** – This event takes place the first Friday of each month at local galleries, businesses and restaurants.

**Peter Pan Jr.** –This production presented by Tuscaloosa Children’s Theatre will take place April 20<sup>th</sup> – 22<sup>nd</sup> at the Bama Theatre.

**Tuscaloosa’s Got Talent** – April 29<sup>th</sup> at 4 p.m. at the Bama Theatre. Tickets are \$12 per person and all proceeds go to charity. Auditions will take place April 6<sup>th</sup> and 7<sup>th</sup> and the grand prize is \$1,000. For more information contact 205-792-5476.

**BARNES BRANCH YMCA\***

205-759-4284

This agency offers an after school program and youth sports. The “Y” is also looking for youth workers and bus drivers for more information contact the number above.

**BIG BROTHERS/ BIG SISTERS\***

205-758-5734

This agency is looking for adults to mentor children in the program. If you would like to volunteer, donate or enroll a child call the number above.

**BOYS & GIRLS CLUB\***

205-553-3879

**Mal Moore Memorial Golf Tournament** – May 3<sup>rd</sup> and 4<sup>th</sup>. This agency also offers a spring break and summer camp.

**BOY SCOUTS OF AMERICA\***

205-554-1680

(Black Warrior Council)

**Circle of Honor Luncheon** – This event will take place Wednesday, April 18<sup>th</sup> at Embassy Suites. This year’s honorees include Alabama Head Football Coach Nick Saban.

**Summer Camp** – Registration currently underway visit bwc-bsa.org.

**CATHOLIC SOCIAL SERVICES** 205-759-1268

This agency offers assistance with food, rent, utilities and some medications. CSS is closed on Fridays.

**C.A.P.S.\*** 205-758-1159

(Child Abuse Prevention Services)  
April is Child Abuse Prevention Month. This agency offers parenting classes and cribs for children as part of their safe sleep education program.

**CARING DAYS ADULT DAY CARE\*** 205-752-6840

**Poker Motorcycle Ride** – This event will take place April 28<sup>th</sup> for more details call the number above. This agency serves as a day program for adults with Alzheimer’s, Parkinson’s and other forms of dementia. This agency also offers support groups and other programs for caregivers.

**CHILDREN’S HANDS ON MUSEUM** 205-349-4235

**Eggstra-special** – This event will take place March 31<sup>st</sup> and will include fun Easter games and crafts.

**CITY OF TUSCALOOSA** 311

**Mayor’s Cup** – March 24<sup>th</sup>  
For more information visit tuscaloosamayorscup.  
**Blue Angels Airshow** – April 14<sup>th</sup> and 15<sup>th</sup>  
Visit tuscaloosaamphitheater.com for dates, times and ticket prices for concerts.

**COMMUNITY FOUNDATION OF WEST ALABAMA**

205-366-0698  
The CFWA seeks to promote charitable giving among individual donors, corporations and agencies. Visit thecfwa.org for more information.

**COMMUNITY SERVICE PROGRAMS** 205-752-5429

This agency offers assistance with food and utility bills. The elderly assistance program helps seniors 60 and older with medication, groceries and wheelchair ramps.

**Rental Readiness** – This session help residents understand rental applications and the steps to take to secure rental housing. These sessions usually take place on Tuesdays.

**Homeownership-Readiness Session** –This session teaches residents the steps in the home buying process. These sessions will take place on April 7<sup>th</sup> and May 5<sup>th</sup> at Forest Lake United Methodist Church from 8:30 a.m. until 2:30 p.m. This agency also offers financial fitness and credit building sessions.

**COMPASSION COALITION** 205-553-7282

This agency coordinates the faith based communities in times of disaster. Volunteers and donations always welcome.

**DENT TRANSITIONAL PROGRAM** 205-246-5655

Homeless shelter for men ages 19-30. The food pantry is open on Mondays from 9-11 a.m. at 15591 Thomas Chapel Rd. in Cottondale.

**DCH DIABETES CENTER** 205-750-5260

This center serves as a resource facility for people with diabetes and their families. The new manager is Anne Gaddy. The center is located in the DCH Annex.

**DCH FOUNDATION** 205-759-7349  
BBQ & Blue Jeans – March 24<sup>th</sup> from 6-10 p.m. at the Water Oaks Farm located on McWright's Ferry Road. For more information visit [thedchfoundation.org](http://thedchfoundation.org).

**DCH HOME CARE AGENCY** 205-759-7010  
This agency provides many services including: skilled nursing care, physical therapy and nutritional services. The office is located at 1401 Greensboro Ave.

**DCH HOME MEDICAL EQUIPMENT** 205-330-3177  
DCH Home Medical Equipment provides equipment and services to patients in need of equipment prescribed by their doctor. This agency is located in the Phelps Outpatient Center.

**DHR** 205-554-1100  
This agency offers assistance with child support, food stamps and family and child services.

**DME SERVICES** 205-591-0817  
DME Services provides hospital beds, custom/consumer power chairs and manual wheelchairs for pediatrics and adults. For wheelchair repairs call 205-591-4792.

**EAST TUSCALOOSA SOUP BOWL** 205-553-4588  
Meals are served Wednesday and Friday from 11:45 a.m. until 1:00 p.m. at Hargrove Methodist Church. On Sundays lunches are given at 1:30 p.m. at Alberta Baptist Church.

**EASTER SEALS WEST ALABAMA\*** 205-759-1211  
This agency offers transportation to work for those in need, speech therapy and programs for parents of young children.

**FAMILY COUNSELING SERVICE\*** 205-752-2504  
Death by Chocolate Tournament – Thursday, April 19<sup>th</sup> at the Tuscaloosa River Market at 5:30 p.m. Tickets are \$25 in advance and \$35 at the door. Visit [counselingservice.org](http://counselingservice.org) for more details.

**FAMILY ENDEAVORS** 205-535-1010  
Family Endeavors is a non-profit agency that provides programs and services in support of veterans and their families.

**FIVE HORIZONS HEALTH SERVICES\***  
205-759-8470  
West Alabama Outreach is now Five Horizons.  
Sunset Supper – May 10<sup>th</sup> from 5:30 – 8:30 p.m. at the Tuscaloosa River Market.

**FOCUS on SENIOR CITIZENS\*** 205-553-3133  
Volksfest – This event will take place on May 19<sup>th</sup>. It celebrates German culture and features local brews, authentic German food and much more.

**Free Tax Preparation** - Seniors needing tax preparation assistance can call the number above to schedule an appointment.

**GIRL SCOUTS\*** 205-980-4750  
(North-Central Alabama)  
Cookies have arrived in Tuscaloosa. Visit [girlscoutcookies.org](http://girlscoutcookies.org) and enter your zip code to find a booth near you. Visit [girlscoutnca.org](http://girlscoutnca.org) for summer camp registration.

**GOOD SAMARITAN CLINIC\*** 205-343-2212  
The clinic offers medical care and basic dental care for patients ages 19-64 with limited income. The clinic is open on Tuesdays and Thursdays by appointment only. The new director is Ms. Lynn Armour.

**HABITAT FOR HUMANITY** 205-349-4629  
This organization builds affordable homes for families in need. Habitat is accepting applications for families in need of a home. This agency also provides home repair services for veterans.

**HEART GALLERY** 205-445-1293  
This agency is dedicated to finding forever homes for children in Alabama’s foster care system. Visit [HeartGalleryAlabama.com](http://HeartGalleryAlabama.com) for more details.

**HERO** 334-624-0842  
(Hale Empowerment & Revitalization Organization)  
This agency is helping veterans with home repairs. This agency also provides assistance with utility bills. HERO has moved to 1012 Wheelan Street in Greensboro.

**HOSPICE OF WEST ALABAMA\*** 205-523-0101  
This agency provides end of life care for terminally ill patients. Grief support groups also available.

**INDIAN RIVERS** 205-391-3131  
This agency provides treatment/support to children and adults with serious mental illness, substance abuse/dependence, or an intellectual disability.

**INFORMATION & REFERRAL\*** 211  
2-1-1 can connect callers to resources that provide assistance with the following: utility bills, food, clothing, rent, housing, transportation and jobs. For details dial 2-1-1!

**KIDS AND KIN** 205-535-0718  
Kids and Kin is designed to meet the needs of relative child care providers and to raise their level of awareness about the importance of their roles. This program is offered in Tuscaloosa, Bibb, Hale and Perry counties.

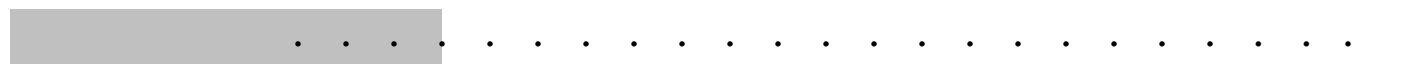
**KING’S HOME** 205-553-0045  
The King’s Home serves women and children seeking refuge from abuse, neglect, abandonment, and other difficult circumstances. This agency also accepts clothing and furniture donations.

**LAMAR COUNTY HOME HEALTH** 205-695-1143  
This agency provides skilled home health services. Their office is located at 300 Springfield Rd., Vernon, AL 35592.

**LEGAL SERVICES ALABAMA** 1-866-456-4995  
This agency offers legal information to low income residents.

**OASIS PROGRAM** 205-554-1300  
This program assists adults 55 and older who have suffered vision loss. Oasis is located at 1400 James I. Harrison Jr. Parkway East.

**PARA** 205-562-3220  
**Summer Camp** – Taking place in May. This agency offers fitness classes, a summer meal program, senior exercise classes, lifeguard training and athletics. For more information on events, activities and job opportunities visit [tccpara.org](http://tccpara.org).



**PAL** (Parenting Assistance Line) 1-866-962-3030  
PAL offers assistance and support to parents and caregivers of children birth to adolescence. Phone lines are open Monday through Friday. Services are available for Spanish speaking families.

**PHOENIX HOUSE\*** 205-758-3867  
This agency offers transitional housing for men and women with substance abuse disorders. The new director is Fran Shaddix.

**PSYCHOLOGY CLINIC, U of A** 205-348-5000  
Confidential and individualized services are provided for people of all ages. The clinic provides evaluations for Attention-Deficit, Learning Disorders, Disruptive Behavior, Depression, Anxiety and other educational and emotional needs. For more information visit [psychologyclinic.ua.edu](http://psychologyclinic.ua.edu).

**SALVATION ARMY\*** 205-632-3691  
This agency helps those in need with shelter, food and clothing.  
**United for the Homeless** – This event takes place the fourth Saturday of the month from 10 a.m. until noon. Homeless individuals can receive food, clothing and toiletries.

**SHELTON STATE** 205-391-2211  
**Spring Graduation** – May 4<sup>th</sup>  
For more information on enrolling in classes or other activities taking place at the college visit [sheltonstate.edu](http://sheltonstate.edu).

**SICKLE CELL ANEMIA FOUNDATION, INC.\***  
205-758-1761  
This organization provides comprehensive services to individuals and families at risk for Sickle Cell Disease and its variants.

**S.P.A.N. PROGRAM OF TUSCALOOSA COUNTY**  
205-554-0565  
The Special Programming for Achievement Network helps youth who are in the justice system get a GED or a job.

**STILLMAN COLLEGE** 205-349-4240  
For more information on enrolling in classes or other activities taking place at the college visit [stillman.edu](http://stillman.edu).

**SUCCESS BY 6\*** 205-345-6640  
**Jump Start** – This summer program is currently accepting applications for children with little or no preschool experience that will be entering kindergarten in the fall.

**TEMPORARY EMERGENCY SERVICES\***  
205-758-5535  
**Celebrity Waiter** – April 20<sup>th</sup> at the Tuscaloosa River Market starting at 7 p.m. This event features an elite group of community leaders serving as waiters and collecting tips. Tickets are \$50 per person.

**TURNING POINT\*** 205-758-0808  
April is Sexual Assault Awareness Month. Visit [turningpointservices.org](http://turningpointservices.org) for more details. The new director is Ms. Equiller Mahone.

**TUTOR DOCTOR** 205-765-7675  
Homework help and tutoring available in Tuscaloosa and surrounding counties. For details on summer tutoring options visit [tuscaloosatutoring.com](http://tuscaloosatutoring.com).

**TUSCALOOSA COUNTY HOME HEALTH**  
205-554-4520  
This agency provides skilled home health services. The office is located at 2350 Hargrove Road in Tuscaloosa.

**TUSCALOOSA'S ONE PLACE\*** 205-462-1000  
**Fathers in the Park** – This event takes place in June at Annette Shelby Park.

**TUSCALOOSA PUBLIC LIBRARY** 205-345-5820  
The TPL offers homework help and a summer reading program. Visit [tuscaloosa-library.org](http://tuscaloosa-library.org) for more information.

**TUSCALOOSA SOUP BOWL** 205-752-2421  
Lunch is served from 11:00 a.m. until 12:50 p.m. seven days a week. The address is 1711 23<sup>rd</sup> Avenue in Tuscaloosa.

**THE ALABAMA TOBACCO QUITLINE SERVICE**  
1-800-Quit-Now (1-800-784-8669)  
Chat Line- Open daily, 7 a.m. until 10 p.m.

**TUSCALOOSA TOURISM & SPORTS COMMISSION**  
205-391-9200  
**Farmer's Market** – Going on now through August 12th at the Tuscaloosa River Market.  
**Dragon Boat Races** – March 31<sup>st</sup>

**Druid City Arts Festival** – April 7<sup>th</sup>  
**Kids Triathlon** – May 19<sup>th</sup>  
For a complete list of events and other information log onto [visittuscaloosa.com](http://visittuscaloosa.com).

**UA SCHOOL OF LAW** 205-348-4960  
The law school clinics provide free legal assistance to individuals.

**UNITED CEREBRAL PALSY\*** 205-345-3031  
Casual Day is the biggest awareness event of the year for UCP. Individuals are encouraged to purchase a t-shirt and wear it on a designated day in April.

**UNITED WAY OF WEST ALABAMA\***  
205-345-6640  
**YLS Pie Eating** – Taking place in May  
**Day of Action** – June 15<sup>th</sup>  
**Campaign Kickoff** – August 14<sup>th</sup>  
For details on events email [julie@uwwa.org](mailto:julie@uwwa.org).

**WEST ALABAMA FOOD BANK** 205-333-5353  
The food bank is always accepting donations. This agency is located at 3160 McFarland Boulevard in Northport.

**WINGS OF GRACE** 205-759-1039  
This agency is open Thursday and Friday from 8:30 a.m. – 2:30 p.m. This agency helps those in need with food, clothing and much more.

**YMCA-Central\*** 205-345-9622  
**Rabbit Run and Bunny Hop Festival** – April 15<sup>th</sup>  
For more information visit [ymcstuscaloosa.org](http://ymcstuscaloosa.org).

United Way of West Alabama  
2720 6<sup>th</sup> Street  
Tuscaloosa, AL 35401  
205.345.6640  
[www.uwwa.org](http://www.uwwa.org)



**LIVE UNITED?**

**HOW DO YOU**